## <u>Cancer patient developed unprecedented practical solution</u> <u>so crucial to doctor's practice, as well as to patients.</u>

This is a true story of a cancer patient, who, despite his steadily rising discomfort and suffering, and regardless of his gloomy uncertain future, used his unbearably painful condition to create a lasting relief so crucial to doctor's practice, as well as to patients.



In November, 2006, I was diagnosed with cancer. This devastating news could not have come at a worse time than this. It destabilised my life at its core, thwarted the thriving career I was pursuing, tore apart my bright future and of course did not spare my young family.

Prior to the disclosure of this bad news, I pursued a dynamic career in an active and professional Skydiving. I was rated a static line instructor, Accelerated Free Fall instructor, Safety and Training Advisor for the United States Parachute Association (USPA), Parachute rigger for the Federal Aviation Administration (FAA), USPA demo jumper, Tandem Master, Basic Body Flight Coach for Skydive University, US, and a first Parachute battalion soldier - a paratrooper with special force training.

In addition to this, I held

a F.A.I. World Record in 246-way Formation and a Guinness World Record in 259-way Formations. Currently, I'm holding the Illinois State record in 259-way Formation, the Florida State Javelin Record in 100-way Formation and a 24-Hour Free fall badge. In all, I have over 4000 Skydives to boast of. Besides my career, I also partly owned and successfully managed a skydiving company with a 13-strong member team in Maryland, USA.



Due to the varying and equilibrated lifestyle I led, I found

no occasion to frequently visit the doctor's practice. For this reason, I had no idea of what patients really go through and how much time they spend in waiting rooms. I was simply fit, healthy and dynamic. However, as the famous saying goes: "experience is the best teacher", so I learned my lessons from the extremely painful experiences "destiny" forced me to go through. Experiences, which ultimately contributed to the birth of this unprecedented innovative solution!

"Ouch...! This is horrible! Seriously sick! I can barely sit down. O boy...! I have already been sitting in this waiting room for the past one and half hours..., when can I see the doctor at all? Hopefully I will survive this! Lord, please help me...! Is this what patients go through in doctor's Practices? Oh, then that is very hard...!"

These and many other similar questions, thoughts and concerns flushed my mind almost every second, as the dreadful pains reminded me of my ordeal. After going through series of chemo therapy and radiation treatments, and having gone through a major surgery, I became terribly sick. My well-conditioned body became so void of strength that doing just the basics in life was often

torturous than a duty for relief. Terrible pains accompanied me in almost everything I did, including appointed routine visitations to doctor's practices.

The routine visitations to various specialists, such as General Practitioners, Internists, Neurologists, Radiologists, Orthopaedists, Optometrists, Pulmonologists, Dermatologists, etc., also gave me another exposure of the situation of doctor's practices. I realised many of them have similar problems and almost all were confronted with the same challenges: over tasked assistants, overcrowded waiting rooms, overdue waiting times, doctors with hands full, impatient patients due to long waiting times etc.

In addition to this, I also realised that due to the long waiting hours of over 90 minutes and also due to lack of frequent ventilation, especially in winter, most often the air in the waiting rooms was very bad. Sick patients coughed frequently, others sneezed often, depending on what sickness they had, heating systems were in full swing, as a result of freezing temperatures. All these swirled and mixed up together and were breathed in and out. For various possible reasons, no one in the said waiting rooms dared to open a window for ventilation, especially in winter: some patients felt cold, others, on the contrary, were in pain and discomfort etc. The assistants, were of course also occupied with various important tasks that they often don't notice the bad conditions in the waiting rooms. I suffered a great deal with my stricken lungs under these conditions.

Another important point I also noticed, which is worth mentioning here, is that among all the sick patients like myself, were also healthy ones from all professional sphere: Lawyers, Engineers, Judges, Architects, Businessmen etc., also children and babies, who came to the practice for other reasons besides treatments. For example just for routine check-ups, vaccination updates etc. All of us were forced to sit in this densely bacteria populated "oven" and breathed-in the same contaminated and polluted air. Nobody had to tell me this condition was hazardous to the health of healthy people as well as to sick ones.

Due to the conditions I have described above, over time of the practice was often unavoidable. I experienced that despite appointment, waiting time under one and half hours was simply very unlikely. The appointments I booked at the Doctor's practice did not curtail the pain to enable me cope with my ordeal. On the contrary! The long waiting times made it even worse for me to bear. This was due to the fact that I could not sit, lie or lean comfortably in order to relax my aching back and relieve my ribs. Many of them were removed due to the surgery. It was very obvious to me that the doctor's gave their best in caring for the patience, and that they themselves could not help the unbearable situations in their respective practices.

During these horrible conditions and parallel to my struggle to cope with the unbearable pains, I was also looking for a better solution to this terrible practice-related problem. My thoughts were: "Nobody must go through what I'm going through...!" Furthermore, I thought again that: if I could do about 90% of the total waiting time in the very comfort of my home, and be called to come over when the doctor is ready to see me, would be a very good forthcoming for everybody, whether



he is sick like me, or due to his profession he's timely so constrained that he only wants to respond to check-up appointment.

With my "Just in Time Experience" in the Auto Industry, coupled with my 25 years software development experience, I resolved to take on the challenge to develop a practical solution specific to this problem. Thus parallel to the countless treatments a cancer patient is subjected to, with its ramifications and discomforts, I also embarked on an innovative solution-seeking-mission for the contemporary practice, having all the collected information at the back of my mind. A very tedious task indeed, almost impossible to fulfil, but I was determined.

Finally, after waiting for nearly two hours, I was called to the doctor. I asked him politely: "Sir is the nearly two-hour waiting time of a terribly sick patient, like me, justified?" His response was: "I know I have problem with waiting time. It's never justified....! We have been working very hard on it. For example I took the entire practice team to a weekend seminar and there we thoroughly discussed and analysed the problem. Unfortunately, we have not yet found a practical solution for it. I'm sorry...!"

His honest answer made me see how unmanageable this practice-related problem actually is. Moreover, I also discovered that due to the dynamic nature of the problem, it easily gets out of control and becomes nuisance to all parties: doctors, assistants, and patients as well, including those who, due to their professions are timely overstrained extremely. The understanding I derived from his answer encouraged me to endeavour to come out with a practical solution capable of curtailing, managing and solving the problem for all the parties involved.

Today, after a total of four years of intensive research, analysis, developing and testing, the Appointment Just in Time System – AJITS® - has been launched successfully. It is a luxurious "Rolls Royce" in Doctor's practice, which provides maximum comfort to a broken and ailing patient. It also creates noticeable relief to doctors and assistants and optimally enhances practice performance to boosts up patients care.

Since 2 years, this all-round innovative solution for contemporary practice-related problems has been running stably in practices. The results are remarkable:

- AJITS solves and automatically manages waiting room activities 100%. Guaranteed!
- AJITS improves patient's waiting time in the practice up to 90%.
- AJITS helps assistants to save up to two working hours per day
- AJITS helps doctors to save up to one working hour per day
- AJITS optimises practice operation to save and manage time efficiently. Guaranteed! Time is money!
- AJITS provides indisputable relief to the entire practice team. Guaranteed!
- AJITS improves working quality of the practice and enhances general care of patients.
- AJITS runs successfully alongside available EMR software. It neither replaces nor competes with it. Guaranteed!
- A 100% stable system is guaranteed so long as the Software exists and runs in the practice.
- With AJITS, possible infection of healthy patients with unknown viruses and possible contraction of different diseases in waiting rooms are radically reduced.
- With AJITS, practice related stress is managed effectively and kept under constant control.

- With AJITS, the perception that crowded waiting room is beneficial for practice is refuted absolutely. This intelligent, efficient and professional patient and personnel management software package, converts crowded waiting rooms into a wider treasure chamber for <u>practice revenue</u>. Another incredible strength of AJITS!
- Through overall workflow optimization, AJITS presents a very good practice-image to private patients as well as extremely restricted professionals, and enable adequate treatments for all patients.
- ... and many more potential and practical benefits!

AJITS - an innovative software solution designed purposely for today's contemporary practice.

For more information, visit us at <a href="https://www.ajits.net">www.ajits.net</a> or contact us at +49 (0)9444 219-560